

Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER II

March 29, 2020
{ Fifth Sunday of Lent }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

HYMN

When I survey the wondrous cross
On which the Prince of glory died,
My richest gain I count but loss,
And pour contempt on all my pride.

Forbid it, Lord, that I should boast,
Save in the death of Christ my God;
The vain delights that charm me most:
I sacrifice them to his blood.

See from his head, his hands, his feet
What grief and love flow mingling down;
Did e'er such Love and sorrow meet,
Or thorns compose so rich a crown?

Were all the realm of nature mine,
That were a present far too small;
Love so amazing, so divine,
Demands my soul, my life, my all.

*Melody: Rockingham L.M.; Music: Adapted by Edward Miller, 1731–1807, from
A. Williams' A Second Supplement to Psalmody in Miniature, Oxford, c. 1780; Text:
Isaac Watts 1674–1748, slightly adapted*

Sit or stand

PSALMODY

Antiphon 1

As the serpent was lifted up in the desert, so the Son of Man must
be lifted up.

Psalm 110:1-5, 7

The Messiah, king and priest

*Christ's reign will last until all his enemies are made subject to him
(1 Corinthians 15:25).*

The Lórd's revelátió to my Máster: †
“Sít on my ríght: *
your fóes I will pút beneath your féet.”

The Lórd will wíeld from Zíon †
your scépter of pówer: *
rúle in the mídst of all your fóes.

A prínce from the dáy of your bírth †
on the hólý móuntains; *
from the wómb before the dáwn I begót you.

The Lórd has sworn an óath he will not chángé. †
“You are a príest for éver, *
a príest like Melchízedeck of óld.”

The Máster stánding at your ríght hand *
will shatter kíngs in the dáy of his wráth.

He shall drínk from the stréam by the wáyside *
and thérefore he shall líft up his héad.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

As the serpent was lifted up in the desert, so the Son of Man must be lifted up.

Antiphon 2

The Lord of hosts protects us and sets us free; he guides and saves his people.

Psalm 114

The Israelites are delivered from the bondage of Egypt

You too left Egypt when, at baptism, you renounced that world which is at enmity with God (Saint Augustine).

When Ísrael came fóρθ from Égypt, *
Jacob's sóns from an álien péople,
Júdah becáme the Lord's témples, *
Ísrael becáme his kíngdom.

The séa fléd at the síght: *
the Jórdan turned báck on its cóurse,
the móuntains léapt like ráms *
and the hílls like yéarling shéep.

Whý was it, séa, that you fléd, *
that you túrned back, Jórdan, on your cóurse?
Móuntains, that you léapt like ráms, *
hílls, like yéarling shéep?

Trémble, O éarth, before the Lórd, *
in the présence of the Gód of Jácob,
who túrns the róck into a póol *
and flínt into a spríng of wáter.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord of hosts protects us and sets us free; he guides and saves his people.

Antiphon 3

He was pierced for our offenses and burdened with our sins. By his wounds we are healed.

Canticle – 1 Peter 2:21-24

The willing acceptance of his passion by Christ, the servant of God

Christ suffered for you, †

and left you an example *
to have you follow in his footsteps.

He did no wrong; *
no deceit was found in his mouth.
When he was insulted, *
he returned no insult.

When he was made to suffer, *
he did not counter with threats.
Instead he delivered himself up *
to the One who judges justly.

In his own body *
he brought your sins to the cross,
so that all of us, dead to sin, †
could live in accord with God's will. *
By his wounds you were healed.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

He was pierced for our offenses and burdened with our sins. By his wounds we are healed.

Sit

READING

Acts 13:26-30

My brothers, it was to us that this message of salvation was sent forth. The inhabitants of Jerusalem and their rulers failed to recognize him, and in condemning him they fulfilled the words of the prophets which we read Sabbath after Sabbath. Even though they found no charge against him which deserved death, they begged Pilate to have him executed. Once they had brought about all that had been written of him, they took him down from the tree and laid him in a tomb. Yet God raised him from the dead.

RESPONSORY

Listen to us, O Lord, and have mercy, for we have sinned against you.

— Listen to us, O Lord, and have mercy, for we have sinned against you.

Christ Jesus, hear our humble petitions,

— for we have sinned against you.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Listen to us, O Lord, and have mercy, for we have sinned against you.

Stand

GOSPEL CANTICLE

Antiphon

When I am lifted up from the earth, I will draw all people to myself.

Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

My soul proclaims the greatness of the Lord, *
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant. *

From this day all generations will call me blessed:
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *

and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

When I am lifted up from the earth, I will draw all people to myself.

INTERCESSIONS

All praise to God the Father who brought his chosen people to
rebirth from imperishable seed through his eternal Word. Let us ask
him as his children:

— Lord, be gracious to your people.

God of mercy, hear the prayers we offer for all your people,
may they hunger for your word more than for bodily food.

— Lord, be gracious to your people.

Give us a sincere and active love for our own nation and for all
mankind,
may we work always to build a world of peace and goodness.

— Lord, be gracious to your people.

Look with love on all to be reborn in baptism,
that they may be living stones in your temple of the Spirit.

— Lord, be gracious to your people.

You moved Nineveh to repentance by the preaching of Jonah,
in your mercy touch the hearts of sinners by the preaching of your
word.

— Lord, be gracious to your people.

May the dying go in hope to meet Christ their judge,

may they rejoice for ever in the vision of your glory.

— Lord, be gracious to your people.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

Father,
help us to be like Christ your Son,
who loved the world and died for salvation.
Inspire us by his love,
guide us by his example,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

— Amen.

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