



The Eucharistic Revival The Eucharist, did you know?

How do the sacraments reveal God's presence?

The Sacraments are ritual celebrations through which we actually experience the power of God present with us. Through the sacramental words and actions, God acting in Christ through the power of the Holy Spirit actually brings about what the signs represent.

The sacraments are not only signs of our salvation but bring about the realities they symbolize. As Pope St. Leo the Great so perceptively noted: "Our redeemer's presence has passed into the sacraments." St. Hilary of Poitiers also explains that "When Jesus became human, he actually clothed himself in our flesh, uniting it to himself for ever. In the sacrament of his body, he actually gives us his own flesh, which he has united to his divinity." Used with permission from God's Real Presence, by Steve Mueller. Published by Living with Christ. All rights reserved.

