

Session Three (Year A)

Sunday October 15, 2017

[Come, Holy Ghost!](#)

Pentecost Prayer

Kiss of Peace

Questions? Thoughts?

Prayer Laboratory: Introduction to Prayer

[Ephesians 6](#)

18 With all prayer and supplication, pray at every opportunity in the Spirit.

Questions for the candidates:

- Do you pray?
- Where? When?
- What? How?

Introduction to Prayer

Prayer is raising mind and heart to God.

Prayer is talking with God, not just to God. You need to listen as well as talk.

How do you listen to God?

- Read the Bible.
- Listen to your teachers: parents, pastor, instructors, bishops.

Why do we talk?

- to exchange information
- to maintain a relationship
- to engage, to entertain, to tell a story or joke

[1 John 3](#)

1 See what love the Father has bestowed on us that we may be called the children of God. Yet so we are. The reason the world does not know us is that it did not know him.

2 Beloved, we are God's children now; what we shall be has not yet been revealed. We do know that when it is revealed we shall be like him, for we shall see him as he is.

Relationship to God

- we are children of God the Father
- brothers and sisters of God the Son
- friends
- servants
- lovers

Pray to maintain a relationship

- Good morning!
- Good night!
- Hello!
- See you later!
- That was great! You're terrific!
- What did you do that for?
- Will you help me? Please?
- How can I help you?
- Thank you.
- I'm sorry.
- I love you.

All prayer begins in the Mass and leads back to it.

Your homework is prayer and the sacraments, Mass and Penance.

Pray morning and evening, or at some other regular time, but not only then.

- Meals
- Any time usually convenient for you
- Pray constantly

1 Thessalonians 5

16 Rejoice always.

17 Pray without ceasing.

18 In all circumstances give thanks, for this is the will of God for you in Christ Jesus.

Morning prayer

- Lord, may all that I do today begin with your inspiration, continue with your help, and reach perfection under your guidance. Amen.
- O my God, I offer thee this day all that I shall think, or do or say, uniting it with what was done on earth by Jesus Christ, thy Son, my Lord. Amen.
- The sign of the cross.

Evening prayer

- Lord, Jesus Christ, have mercy on me. (The Byzantine Prayer)
- O my God, I am heartily sorry for having offended thee. I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend thee, my God, who are all good and deserving of all my love. I firmly resolve, with the help of thy grace, to sin no more and to avoid the near occasion of sin.

The hierarchy of prayer

- Praise
- Thanksgiving
- Reparation
- Petition

Also sometimes remembered as ACTS:

- Adoration
- Contrition
- Thanksgiving
- Supplication

Kinds of prayer

- Rote prayers: Our Father, Hail Mary, Glory Be.
- Scriptural prayers: Psalms and Canticles
- Ritual prayers: Confiteor, Gloria and Credo from the Mass
- Prayer systems such as the Rosary or Chaplet of Divine Mercy
- The Liturgy of the Hours
- Meditative prayer, centering prayer, the prayer of quiet

Comments? Questions?

[Blest Be the Tie That Binds](#)

Supplemental Readings

[Mark 3](#)

Jesus and His Family.

- 31 His mother and his brothers arrived. Standing outside they sent word to him and called him.
- 32 A crowd seated around him told him, “Your mother and your brothers* [and your sisters] are outside asking for you.”
- 33 But he said to them in reply, “Who are my mother and [my] brothers?”
- 34 And looking around at those seated in the circle he said, “Here are my mother and my brothers.
- 35 [For] whoever does the will of God is my brother and sister and mother.”

John15

- 9 As the Father loves me, so I also love you. Remain in my love.
- 10 If you keep my commandments, you will remain in my love, just as I have kept my Father's commandments and remain in his love.
- 11 I have told you this so that my joy may be in you and your joy may be complete.
- 12 This is my commandment: love one another as I love you.
- 13 No one has greater love than this, to lay down one's life for one's friends.
- 14 You are my friends if you do what I command you.
- 15 I no longer call you slaves, because a slave does not know what his master is doing. I have called you friends, because I have told you everything I have heard from my Father.
- 16 It was not you who chose me, but I who chose you and appointed you to go and bear fruit that will remain, so that whatever you ask the Father in my name he may give you.
- 17 This I command you: love one another.

Romans 8

Children of God through Adoption.

- 14 For those who are led by the Spirit of God are children of God.
- 15 For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, "Abba, Father!"
- 16 The Spirit itself bears witness with our spirit that we are children of God.
- 17 and if children, then heirs, heirs of God and joint heirs with Christ, if only we suffer with him so that we may also be glorified with him.