

**UP-COMING RETREAT DAYS & OTHER SPIRITUAL OFFERINGS AT
SACRED HEART ON THE LAKE RETREAT CENTER
194 Candlewood Hill Rd., Higganum, CT 06441**

*A complete write-up for each of our retreats and all our other programs can be found on our
WEBSITE [www/sacredheartonthelake.org](http://www.sacredheartonthelake.org) Reservations are always necessary*

**JESUS' DIVINE MERCY & HIS SACRED HEART OF UNCONDITIONAL LOVE RETREAT DAY
APRIL 11th FROM 9:30AM to 3:00 PM**

Presenter- Sr. Lany Jo Smith, ASCJ. Sign-up online or call Sr. Lany Jo 203-606-9102
Donation asked \$35.- Includes a Continental Breakfast and a Full Lunch.

**MARRIED COUPLES RETREAT DAY – THE HOLINESS OF MARRIAGE AS A SACRAMENT
SATURDAY, APRIL 18th FROM 9:30 to 3:00**

Presenter- Sr. Lany Jo Smith, ASCJ. Sign-up online or call Sr. Lany Jo 203-606-9102
Donation asked \$70 **A COUPLE**.- Includes a Continental Breakfast and a Full Lunch.

NEW DAY SEMINAR FOR THE BEREAVED

Nine Thursdays from March 9th to June 4th from 10:00 to 11:30

This seminar helps those who have lost a loved one with the tasks of grieving. The cost of the book is \$12.00.
To register or for further information call Sr. Patricia Cigrand 203-606-4830 or
Email cigrandpatricia@gmail.com. A free will offering will be welcomed.

SPIRITUAL BOOK STUDY

The Ladder of the Beatitudes by Jim Forest

Six Sessions from April 23rd to June 3rd from 10:00 to 11:30 am.

Suggested donation is \$10 per session. To register call Sr. Patricia Cigrand 203-606-4830 or
email cigrandpatricia@gmail.com

FILM STUDY

The Revolution of the Heart, The Dorothy Day Story

Viewing Wednesday, April 15th Discussion Wednesday April 22th from 10:00-11:30 am

To register call Sr. Patricia Cigrand 203-606-4830 or email cigrandpatricia@gmail.com.
A free will offering will be welcomed.