



SACRED HEART ON THE LAKE RETREAT CENTER
194 Candlewood Hill Rd.
Higganum, CT 06441

EXPERIENCES IN PRAYER

Saturday, May 4TH from 9:30am – 3:00pm
Presenter: Sr. Lany Jo Smith, ASCJ

Donation asked \$35- Includes a Continental Breakfast & Full Lunch
Reservations are necessary- Sign-up online

www.sacredheartonthelake.org

Call Sr. Lany Jo 203-606-9102

or email

info@sacredheartonthelake.org

WHAT'S IT ALL ABOUT?

***HOW TO OPEN OUR HEARTS & MINDS TO A GROWING PERSONAL
RELATIONSHIP WITH GOD***

Christianity is a faith based on both a very personal and a communal relationship with God- The Father, The Son, Jesus Christ, and God's Holy Spirit. **During this day of retreat we will explore some of the ways we can grow in a more personal relationship with God and recognize and hear God's voice speaking to us through God's WORD in**

Scripture. Jesus is that WORD made Flesh from God's Holy Spirit living within us; given through Scripture and the Sacraments of The Church, The Body of Christ. By a prayerful relationship with God we can respond to His invitation to a deep love and real friendship.