



*Blessed are those who mourn,
for they shall be comforted.
Matthew 5:4*

*If you are grieving the loss of a loved one, join us for a
workshop and learn ways to grow through the experience
of your loss*

Praying Your Goodbyes

Saturday, December 2, 10 A.M. to 1 P.M.

Cathedral of Saint Patrick Hall, 213 Broadway, Norwich, CT

*The workshop will include time for personal reflection, prayer, and journaling
and tips on how to navigate the upcoming holiday season.*



*There is no fee for the workshop. Registration **deadline is November 27, 2023**. To register, contact:
Mary-Jo McLaughlin at the Diocese of Norwich Catholic Family Services Office
860-848-2237, Ext 312 or mmclaughlin@norwichdiocese.net*