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Third Sunday in Ordinary Time • January 27, 2013

January 27, 2013  
**dear Padre**  
**Can Catholics practice yoga?**

*I practice yoga to relieve stress and because it's a form of exercise that's not hard on the body. Now my friends are telling me Catholics shouldn't do yoga because it's founded in another religion. Is that true?*

Wendy

Dear Wendy,

It's good for you to be concerned. Many events and groups seem innocent, but further investigation often reveals that the event or practice is really designed to persuade people to join their faith.

For example, a Protestant church in our town regularly invites teens from all faiths to a free evening of movies and pizza. The night always ends with preaching, so I told our teens they shouldn't go.

Some types of yoga are associated with the Buddhist religion, but others are simply a way to relax, exercise, or meditate. To tell the difference, find out who is sponsoring the group before you join. As long as the sponsor isn't using yoga to proselytize, you're fine.

I started doing yoga a few years ago when I needed an exercise that was easy on the knees. It helps me slow down and focus on what's important, so my meditation and prayer have improved. For example, while holding a pose for three minutes, I say the Jesus prayer.

Yoga didn't take me away from the Church—in fact, I think it's brought me closer to Jesus. So keep using yoga as an exercise, but also let it help you focus on Jesus' love for you.

Fr. Patrick Keyes, CSsRsundaybulletins@liguori.org

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Don Benevides 860-871-0752

**Secretary**

Mrs. Theresa Ciscon

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[www.stmauricekofc.org](http://www.stmauricekofc.org)

Website: [saintmauricebolton.org](http://saintmauricebolton.org)

**WEEKEND MASSES:**

Saturdays at 5:00 p.m.

Sundays at 7:30 and 10:00 a.m.

Holy Days at 9:00 a.m. & 7:00 p.m.

**WELCOME!**

If you are new in the Parish, please register and introduce yourself to the Pastor. The Parishioners wish to meet and serve you! Drop by at our Coffee Social or Pancake Breakfast after the Sunday Mass, both per the Calendar online or as announced inside the bulletin. We hope you will favor our Parish with your prayers, your presence, your talents and your financial assistance according to your means!

**SACRAMENT OF RECONCILIATION (CONFESSION):**

By appointment.

**SACRAMENT OF BAPTISM:**

Please call the rectory (860-643-4466) to arrange for a meeting with the Pastor.

**SACRAMENT OF MARRIAGE:**

Arrangements must start more than 6 months before marriage. Necessary interviews, a pre-cana course and plenty of paperwork is required. We strongly urge you to contact us to begin the Diocesan preparation course as soon as you are engaged to get the most out of it without rush.

**CHURCH MEMBERSHIP:**

The Sacramental Guidelines define Church Membership in terms of Sunday Mass attendance and Church support. For membership verification and sponsorship certificate, registration and regular use of the envelope system are the only way we have of verifying this for you. Please notify us if there are changes in your address, marital status, etc., so that we may update your records.

**VISITATION TO THE SICK:**

We are most anxious to help anyone who is not able to celebrate Mass with us in Church due to illness, handicapped or age. If you wish the Sacraments, please call 860-643-4466.

**THIS WEEK**

**THIRD SUNDAY IN ORDINARY TIME**

**JAN. 26 – 27, 2013**

**Pick up Grinders after Sunday Masses this Weekend**

**USHERS GROUP I**

**SATURDAY, JAN. 26 –**

**4:00 P.M.** Mass offered for +Jeannette Violette request of Linda LaChapelle

**SUNDAY, JAN. 27 –**

**7:30 A.M.** Mass offered for +Robert Moran request of Jennifer and Phil Daly

**CHAPLET OF DIVINE MERCY** after Mass

**8:30 A.M. – Breakfast for Faith Formation**

**9:00 A.M. - Faith Formation**

**10:00 A.M. –** Mass offered for All Parishioners of St. Maurice

**4 to 6 P.M. – ADULT FAITH FORMATION**

**5:30 P.M. LITURGY OF THE HOURS**

**MONDAY, JAN. 28 –**

**9:00 A.M.** Mass offered for +Henry Leonard

**5:00 P.M. – Parish BINGO – Food available from 5 P.M. GAMES begin at 6:30 P.M.**

**TUESDAY, JAN. 29 –**

**9:00 A.M.** Mass offered for +Mae Mancino request of Lynn Mancino

**7:15 P.M. – Adult Choir Rehearsal**

**WEDNESDAY, JAN. 30 –**

**9:00 A.M.** Mass offered for +Henry Leonard

**3:00 P.M. to 7:00 P.M. – Adoration of the Blessed Sacrament**

**7:00 P.M. – Finance Committee Meeting**

**THURSDAY, JAN. 31 – No Mass**

**FRIDAY, FEB. 1 – No Mass**

**SATURDAY, FEB. 2 –**

ROSARY BEFORE 4:00 P.M. MASS

Last week's Offertory – January 20 – \$2,867

Last year's Offertory – January 22 – \$3,240

*“Go, eat rich foods and drink sweet drinks, and allot portions to those who had nothing prepared...”  
(Nehemiah 8:10)*

**Ezra's instructions to the people show us that God does not forbid us from enjoying the good things in life. However, He expects us to share our blessings with those who are in need.**

**NEXT WEEK**

**FOURTH SUNDAY IN ORDINARY TIME**

**FEB. 2 – 3, 2013**

**USHERS GROUP II**

**SATURDAY, FEB. 2 –**

**4:00 P.M.** Mass offered for +Joyce Bachl request of Ed Bachl & Family

*Altar Servers: Maria Cinea*

*Lector: Patti Cinea*

*Eucharistic Minister: Bert Flynn*

**5:30 P.M. – Youth Group Pizza Party in Parish Library**

**SUNDAY, FEB. 3 –**

**7:30 A.M.** Mass offered for +Henry Leonard

*Altar Servers: Shirley Warbeck*

*Lector: Joel Cohan*

*Eucharistic Minister: Arlene Giglio*

**CHAPLET OF DIVINE MERCY** after Mass

**8:30 A.M. – Breakfast for Faith Formation**

**9:00 A.M. - Faith Formation**

**10:00 A.M. –** Mass offered for All Parishioners of St. Maurice

*Altar Servers: Nicholas VanDine*

*Lector: Paul Brown*

*Eucharistic Minister: Kathleen Smythe*

**5:30 P.M. LITURGY OF THE HOURS**

**MONDAY, FEB. 4 –**

**9:00 A.M.** Mass offered for the Intentions of Florence Linder request of Mary Mumford

**5:00 P.M. – Parish BINGO – Food available from 5 P.M. GAMES begin at 6:30 P.M.**

**TUESDAY, FEB. 5 –**

**9:00 A.M.** Mass offered for +Patricia Desautels request of St. Maurice Christmas Fair Group

**7:15 P.M. – Adult Choir Rehearsal**

**WEDNESDAY, FEB. 6 –**

**9:00 A.M.** Mass offered for +Paul & +Emily Dube and +Isabell Voisine request of the Grandchildren

**3:00 P.M. to 7:00 P.M. – Adoration of the Blessed Sacrament**

**THURSDAY, FEB. 7 – No Mass**

**FRIDAY, FEB. 8 – No Mass**

**SATURDAY, FEB. 9 –**

ROSARY BEFORE 4:00 P.M. MASS

Readings for the Week of January 27, 2013

Sunday: Neh 8:2-4a, 5-6, 8-10/1 Cor 12:12-30 or 12:12-14, 27/Lk 1:1-4; 4:14-21  
Monday: Heb 9:15, 24-28/Mk 3:22-30  
Tuesday: Heb 10:1-10/Mk 3:31-35  
Wednesday: Heb 10:11-18/Mk 4:1-20  
Thursday: Heb 10:19-25/Mk 4:21-25  
Friday: Heb 10:32-39/Mk 4:26-34  
Saturday: Mal 3:1-4/Heb 2:14-18/Lk 2:22-40 or 2:22-32  
Next Sunday: Jer 1:4-5, 17-19/1 Cor 12:31--13:13 or 13:4-13/Lk 4:21-30

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**MARRIAGE PREPARATION CLASSES**

“God’s Plan for a Joy-filled Marriage”. To register for the 4 session class call the Family Life Office at:

860-889-8346 ext.283. Cost: \$50 per couple

**Dates:** Sat. Mar. 2, 9, 16, 23, 2013

**Time:** 9:30am-11:45am

**Location:** St. Matthew Church, Tolland.

**16<sup>th</sup> Annual Mass of Thanksgiving for the Gift of Consecrated Life**

On Sunday, February 3, 2013, the 16<sup>th</sup> Annual Mass of Thanksgiving for the Gift of Consecrated Life will be celebrated at 10:30 a.m., in the Cathedral of Saint Patrick, Norwich. All are invited to join Bishop Cote in thanking God for the gift of consecrated life and for the sisters, brothers, and religious priests who enrich the Church and build up God’s Kingdom with the witness of their religious commitment. The homilist will be the Most Reverend Michael R. Cote, D.D., Bishop of Norwich. All are invited to participate in the Mass.

**Adolescent Substance Abuse Treatment Program (ASAT)**

Catholic Charities offers an age appropriate option to combat substance abuse and high risk behavior. The 6 month program for ages 13yrs-18yrs includes group meetings and is held at the Catholic Charities Offices in Norwich and New London. For information call: 860-889-8346 ext.413 or 860-443-5328.

**A Parent’s Guide: Teaching the Truth and Meaning of Human Sexuality**

A DVD is available for you to purchase from [www.catholicparents.org](http://www.catholicparents.org), it has been featured on EWTN and is based on the 1995 document by the Pontifical Council for the Family “The Truth and Meaning of Human Sexuality”. This entire document can be read on the EWTN website on libraries. The document and DVD are a valuable asset, and age appropriate on when, how and what to say to and teach your children about life and love. Call the Office of Family Life at 860-889-8346 ext. 283 for more information.

**“Donation Angel”**

**Donate any type of vehicle: cars, boats, etc. running or not.**

**Donation Angel** is a car donation program that raises funds to support our Catholic Charities of Norwich and its mission to respond to Christ’s call to care for those in need by providing services for individuals and families. For free quick removal of your unwanted vehicle and receive a tax deduction call Ray at **866-434-1131** or [www.donationangel.org/ccfsn](http://www.donationangel.org/ccfsn).

**Dual Recovery Anonymous (DRA)**

Ongoing group meetings are held at Catholic Charities Office 331 Main St., Norwich every Wednesday from 12:30pm - 1:30pm. **DRA** is a self-help program based on the twelve steps of Alcoholics Anonymous that focuses on recovery from mental health and/or substance abuse issues. If you are dealing with one or both of these issues, and have a desire to manage these in a healthy, constructive way, please join us for fellowship and recovery. For information: 860-889-8346 ext. 260.

**Permanent Diaconate in the Diocese of Norwich**

Application forms for men, married or single, interested in serving the Church as permanent deacons are now available. The deadline for applications is February 28, 2013. For application materials, contact the Office of the Vicar for Clergy at 860-887-9294.

**World Marriage Day**

**Sunday, February 10<sup>th</sup>**, is designated as a day to honor the husband and wife as the head of the family, the foundation of society. It salutes the beauty of their faithfulness, sacrifice and joy in daily, married life. Worldwide Marriage Encounter began the celebration of **World Marriage Day** in 1983.

Pope John Paul II imparted his Apostolic Blessing in 1993 on all married couples. God created man, woman and the union of marriage, and has made marriage the centerpiece of His creation. God has given married love and its faithfulness a special significance in the history of salvation, from there the future is created. We celebrate and pray for all married couples on this **World Marriage Day**.

**Pro-Life Mass**

**Please join us for the monthly Pro-Life Mass on Saturday, February 2<sup>nd</sup> ~ 8:30a.m. Mass will be celebrated at SS. Peter & Paul Church in Norwich due to Cathedral renovations.** Following the Mass the Rosary will be prayed both at SS. Peter & Paul Church and at the Planned Parenthood. There will *not* be a brunch after the Rosary for February. Join us with your presence as we work together to bring about a culture of life.

**Defending Our Religious Liberty**

The Becket Fund for Religious Liberty is moving forward with several litigations regarding the federal health care mandate and how it violates our religious freedom. The Becket Fund represents the Eternal Word Television Network (EWTN), Hobby Lobby Craft stores, East Texas Baptist University, Colorado Christian University, Belmont Abbey College and many others.

To get information on these cases and others, and to keep abreast on this critical issue visit. [www.becketfund.org](http://www.becketfund.org).

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